

TALKING PAPER  
ON  
THE DEPLOYMENT TRANSITION CENTER

- Mission: To provide critical reintegration skills and decompression opportunities for redeployers
  - Mission accomplished through six goals: Rest, Reflect, Recreate, Reintegrate, Recapture, and Resources
- Throughput: Supported over 11,412 redeployers since opening on 1 July 2010
- Ramstein Air Base's DTC is the AF's only recognized post-deployment decompression site
  - Curriculum specifically targets impacts to redeployers' resiliency due to family separation and deployment stressors as well as combat operations
    - 4 calendar days: ~72 hours in Germany (~10 hours of program and ~62 hours of liberty)
    - Designed to provide a strength-based focus to bridge positive combat and home-front skills
    - Non-attribution group discussion led by career field facilitator along with mental health personnel
    - Experiential outing to a local city for a meal, shopping, recreation, conversation, etc.
      - Enables attendees to develop comfort with resuming typical life skills outside deployed environments
  - Not established as a medical program; attendance/discussions not documented in medical records
    - Members can receive additional referrals to helping agencies if necessary or desired
    - One-on-one time is available, but not mandated, with the DTC mental health personnel, chaplain, and career field facilitators
  - Attendee UOD is civilian attire throughout the program
- Attendance: Open to all service branches, career fields, including AD, ARC/Guard, and civilian personnel from any locations
  - Deployed commanders may nominate additional attendees based on exposure to incidents, difficulty with stressors or concerns for home-front transition: [Det1.86MSG.DTC@us.af.mil](mailto:Det1.86MSG.DTC@us.af.mil)