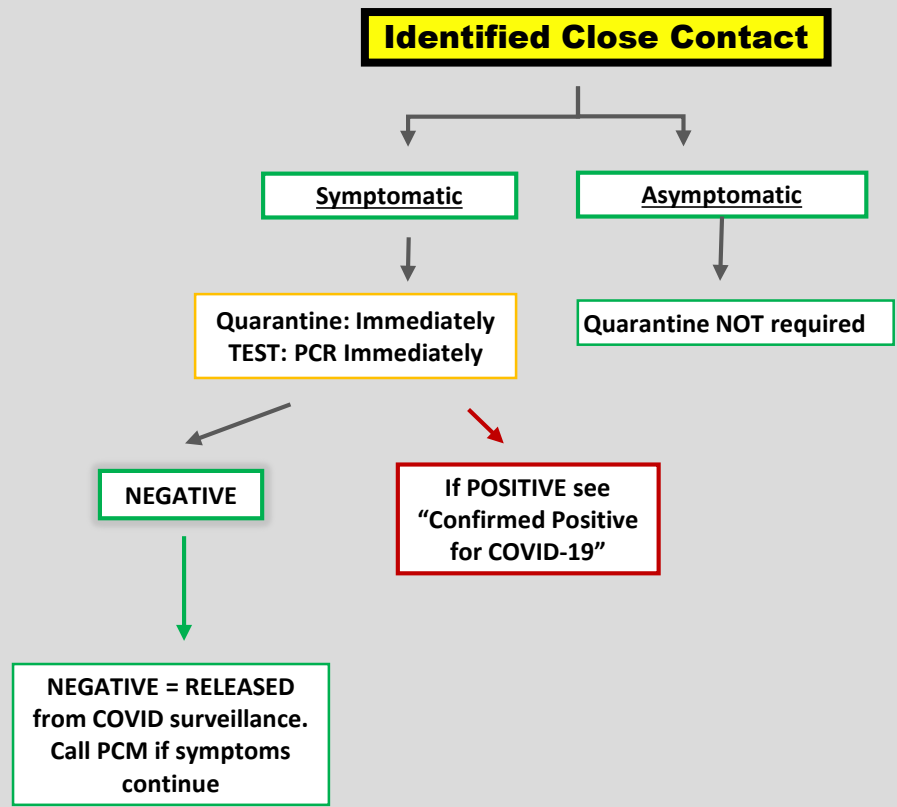
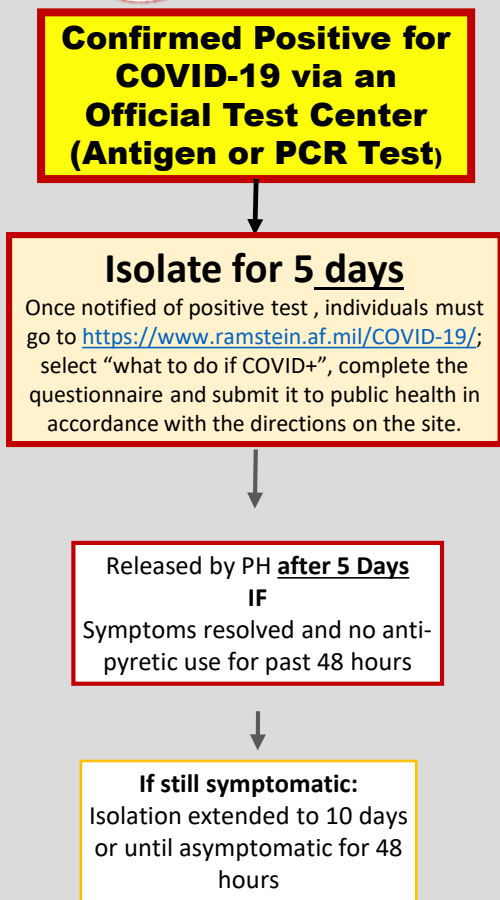




# Guidance for Exposure to COVID-19\*



Updated: 1 May 2022



\* Guidance may be adjusted by a provider

**Isolation / Quarantine**

- You are **not allowed to leave your residence or receive visitors**
- Violations constitute an administrative / punitive offence
- Punishable by fine of up to **25,000 €**
- Policy subject to change w/ guidance updates from DoD and Host nation

<https://www.bmi.bund.de/SharedDocs/faqs/EN/topics/civil-protection/coronavirus/coronavirus-faqs.html>

Start of isolation for COVID-19 positive (Index)  
Date of Swab Test = Day One

**Rapid ANTIGEN Testing – Ramstein Air Base**

- \* For Official Travel with copy of orders and ID card and Asymptomatic testing
- \* Exceptions made for Emergency Leave and other extenuating circumstances
- \* **ASYMPTOMATIC**
- \* Location: Enlisted Club
- \* **Mon – Fri: 0730 – 1500**
- \* Sat / Sun / Holiday: **0800-1000**
- \* Walk-in testing, no appointment needed
- \* Results given on site, 15 – 20 minutes, with signed / certified memo

**PCR Testing – Ramstein Air Base**

- \* For Official Travel / Close Contact / Pre-procedure / ROM / Symptomatic
- \* Walk up swab tent, MDG parking lot between bldg 2114 and 2121
- \* **Mon – Fri: 0730 – 1000**
- \* Sat / Sun/ Holiday: **CLOSED**
- May be arranged for extenuating circumstances, see below
- \* **ALL results self-retrieved by member through Tricare Online (TOL)**
- \* Large Deployment / TDY / Close Contact Groups
- \* LRMC hours Sun-Thurs 0730-1600