



Confirmed Positive for COVID-19 via an Official Test Center (Antigen or PCR Test)

Isolate for 5 days

Once notified of positive test, individuals must go to <https://www.ramstein.af.mil/COVID-19/>; select "what to do if COVID+", complete the questionnaire and submit it to public health in accordance with the directions on the site.

Released by PH **after 5 Days**
IF

Symptoms resolved and no anti-pyretic use for past 48 hours

If still symptomatic:

Isolation extended to 10 days or until asymptomatic for 48 hours

Isolation / Quarantine

- You are **not allowed** to leave your residence or receive visitors
- Violations constitute an administrative / punitive offence
- Punishable by fine of up to **25,000 €**
- Policy subject to change w/ guidance updates from DoD and Host nation

<https://www.bmi.bund.de/SharedDocs/faqs/EN/topics/civil-protection/coronavirus/coronavirus-faqs.html>

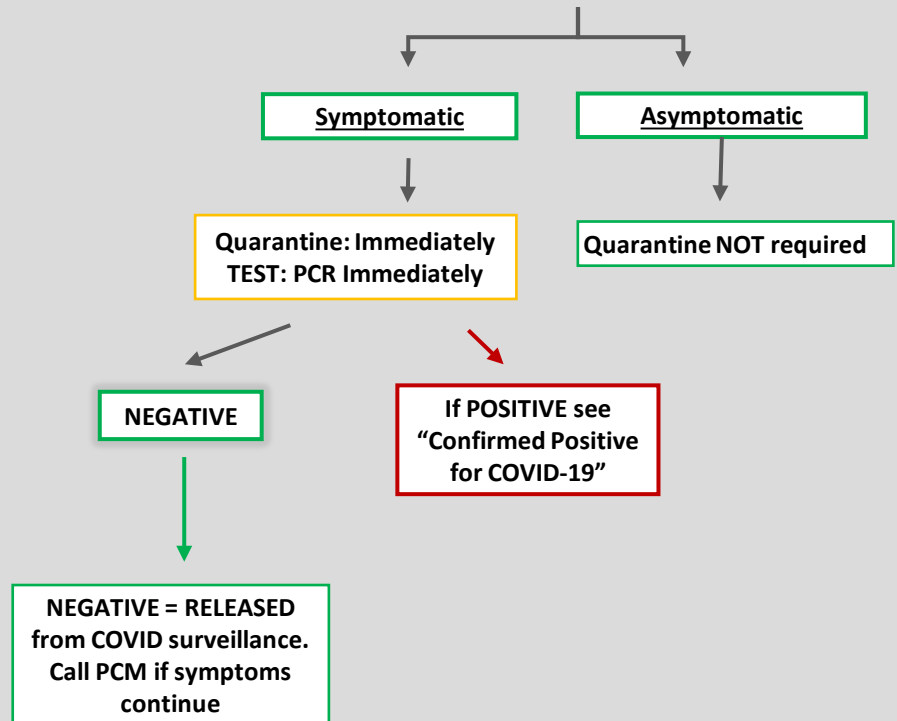
Start of isolation for COVID-19 positive (Index)
Date of Swab Test = Day One

Guidance for Exposure to COVID-19*



Updated: 01 Oct 2022

Identified Close Contact



* Guidance may be adjusted by a provider

Rapid ANTIGEN Testing – Ramstein Air Base

- * For Official Travel with copy of orders and ID card and Asymptomatic testing
- * Exceptions made for Emergency Leave and other extenuating circumstances
- * **ASYMPTOMATIC**
- * Outside swab window, MDG bldg 2114
- * **Mon – Fri: 0730 – 1100**
- * Sat / Sun / Holiday: **CLOSED**
- * **Family Days 0730-1100**
- * Walk-in testing, no appointment needed
- * Results given on site, 15 – 20 minutes, with signed / certified memo

PCR Testing – Ramstein Air Base

- * For Official Travel / Pre-procedure / Symptomatic
- * Outside swab window, MDG bldg 2114
- * **Mon – Fri: 0730 – 1100**
- * Sat / Sun / Holiday: **CLOSED**
- * **Family Days 0730-1100**
- * LPMC Sun-Thurs 0730-1600
- * **ALL results self-retrieved by member through Tricare Online (TOL)**