

Hygiene concept for saunas and wellness areas (spas)

The following hygiene measures must be observed for all saunas and wellness areas (spas):

1. The applicable distance requirements and contact restrictions are guaranteed by the following measures:
 - a. The distance of at least 1.5 meters per person must be ensured, unless the applicable Corona Control Ordinance (CoBeLVO) provides otherwise. Measures to control access and to maintain the distance requirement must be taken, including the posting of appropriate procedural signs. As far as possible, one-way regulations are to be made. Waiting areas (e.g. in front of sales stands and toilet facilities, changing (locker) rooms and showers) must also be marked to ensure that the minimum distance is observed.
 - b. In wellness and sauna areas, only saunas with an operating temperature of over 60° Celsius (140° Fahrenheit) are permitted.
 - c. Steam baths have to remain closed.
2. Organization of operations:
 - a. Contact details of all persons (last name, first name, address, telephone number) as well as the times of entering and leaving are to be documented after obtaining consent to enable contact persons to be tracked and kept by the operator for a period of 1 month from the day of the visit and subsequently to be destroyed in compliance with the privacy act. Processing the data for other purposes is not permitted.
 - b. The requirements for services and treatments are based on the regulations of the CoBeLVO in the currently applicable version.
 - c. The use of sanitary facilities and changing (locker) rooms is permitted taking into account the required protective measures.
 - d. Catering may take place under the specifications for the catering trade.
 - e. To the extent that there are sports swimming pools and adjoining resting areas in the facility concerned, the hygiene concepts for outdoor or indoor pools apply.

3. Individual measures:

- a. Persons with identifiable symptoms of a respiratory infection should be denied access.
- b. All people must disinfect or wash their hands when entering the facility. Suitable washing facilities or disinfection dispensers are to be provided by the organizer.
- c. The applicable protective measures and rules of conduct (including general rules for protection against infection such as "sneeze label", classification of cold symptoms, etc.) must be identified by suitable signs.
- d. Outside of the sauna cabin, visitors and employees must wear a face (mouth and nose) covering, provided that the CoBeLVO in the currently applicable version so requires.
- e. Cashiers can be protected by a partition. Personnel who are protected by a partition or other suitable protective measures are exempt from the obligation to wear a face covering.
- f. The lending of objects is not permitted unless they can be disinfected after use.

4. Institutional measures:

- a. Hand sanitizers, liquid soap and disposable towels must be provided in sanitary, common, and break rooms. The rooms must be cleaned several times per day.
- b. Targeted measures must be taken to minimize the contamination of rooms with aerosols. All rooms are to be adequately ventilated.

5. In general:

- a. On the duty roster, an assigned / responsible person must be listed that will be on site to maintain the compliance with the regulations.
- b. Persons who are not prepared to comply with these rules are to be denied access within the framework of domestic authority.
- c. In addition, the competent authority can in justified individual cases Request exceptions or other hygiene requirements if a requirement according to CoBeLVO is not mandatory, the 4/4 protection level seems comparable and the purpose of the CoBeLVO is observed.