

## **Hygiene Concept for professional music, amateur music, and extracurricular music lessons in Rheinland-Pfalz**

### **1. General information regarding rehearsals, lessons and performances**

#### **1.1 Personal individual measures**

- a. Individuals with identifiable symptoms of respiratory infection are excluded from rehearsal, lessons or the performance.
- b. All persons must disinfect or wash hands when entering the rooms or the performance area. Suitable washing facilities or disinfectant dispensers must be provided.
- c. The applicable protective measures and rules of conduct (including general rules of infection protection such as "sneeze etiquette," classification of cold symptoms etc.) must be given on appropriate signs.

#### **1.2 Facility-related measures**

- a. Sufficient ventilation of the rooms used must be ensured. If natural ventilation through the opening of windows or similar is not possible, the provisions of the practical guide for the SARS-CoV-2 occupational safety standard for rehearsal and performance areas apply.
- b. Sufficient disinfectant must be provided in all rooms.
- c. A route concept within the building ensures that the defined distance rules of the current Corona Ordinance can be observed.
- d. In the premises, a nose-cover must be worn until reaching the seat or standing position.
- e. The use of sanitary rooms and changing rooms is permitted subject to the protective measures requested. In sanitary rooms and toilets, sufficient hand disinfectant, liquid soap and disposable towels must be available.
- f. If the room is used by different groups or after each use, chairs, shelves and other surfaces used must be disinfected and ventilation must be performed. It must be ensured that the air in the room has been sufficiently exchanged between two groups.

#### **1.3 Organization of rehearsals and performances/concerts**

- a. Contact data of all persons (name, first name, address, telephone number) as well as the time of visit must be documented after obtaining their consent to enable tracking of persons by the operator for the

period of 1 month beginning with the day of the visit. Thereafter data must get destroyed. Processing of the data for other purposes is not permitted.

- b. Each participant is assigned a fixed place/spot. This spot cannot change during the rehearsal or the performance.
- c. If continuous ventilation of the rehearsal room is not possible, every 30 minutes ventilation must be carried out to ensure that the room air has been exchanged.
- d. Shared items must be disinfected before handing over to another person.
- e. Gloves must be worn when handing out sheet music. They should be placed on appropriate chairs or in personal storage compartments prior to rehearsal.
- f. Conversations before and after the rehearsal should take place outdoors if possible or with windows and doors open.
- g. For the realization of performances/concerts, in addition to this hygiene concept the current valid hygiene concepts for events apply.
- h. The mask requirement according to § 1 para. 3 Corona Ordinance does not apply to musicians during rehearsals and performances.

#### **1.4 General information**

- a. An authorized/responsible person on site is responsible for compliance with the regulations.
- b. People who are not willing to comply with these rules are not authorized to enter or stay.
- c. In addition, the competent authority may in justified individual cases and upon request, grant exceptions or other hygiene requirements, provided that a specification according to the Corona Ordinance is not mandatory, the level of protection appears comparable and the purpose of the Corona Ordinance is observed.

### **2. Genre-specific information on rehearsals and performances**

#### **2.1 Choirs/Singing**

- a. Rehearsals/performances /concerts should take place outdoors if possible.
- b. For rehearsals/performances/concerts outdoors, the distance between the singers is 1.5 meters to the side and 2 meters to the singing direction. The distance to the musical director is at least 3 meters. The distances are measured from center of chair to center of chair. The distance between the choir and the audience is at least 5 meters.

c. During rehearsals/performances /concerts indoors, the distance between the singers is 3 meters and to the musical director also at least 3 meters. The distances will be measured from the middle of the chair to the middle of the chair. The distance between the choir and the audience is at least 5 meters.

d. Breathing exercises of any kind are not allowed.

## **2.2 Wind orchestras/trombone choirs and other ensembles with wind instruments**

a. The distance between the musicians and the musical director is at least 2 meters. Outdoors, a distance of 1.5 meters between the musicians is sufficient, and to the musical director it must be at least 2 meters. The distances will be measured from the center of the chair to the center of the chair.

b. In the case of transverse flutes, unlike other wind instruments, when blowing on the mouthpiece, air gets released directly from the mouth opening of the musician into the environment and droplets are released. With and around this group of instruments, a minimum distance of 2 meters must be kept, measured from the edge of the chair to the edge of the chair. This also applies outdoors.

c. The distance between the wind orchestra and the audience is at least 5 meters.

d. The distance regulation between musicians without increased aerosol emission (drummers, percussionists) for a group size of 10 persons based on the regulation according to §1 paragraph 2 of the Corona Ordinance does not apply.

e. The condensation water must not be poured on the floor or on the floor drops. It must be collected in suitably absorbent cloths or underlays, then disposed of personally. Then wash or disinfect your hands.

f. Also note:

- No mouthpiece exercises with brass and woodwind instruments
- No lip exercises, buzzing etc. with brass players
- No breathing exercises
- All musicians only clean their own instrument

## **2.3 Ensembles without increased aerosol emissions (plucked string orchestra, harmonica orchestra, string orchestra etc.)**

a. According to the Corona Ordinance a minimum distance of 1.5 meters between the participants must be observed.

b. Up to a group size of 10 people, based on the regulation according to §1 paragraph 2 the Corona Ordinance, the distance regulation can be omitted.

c. The distance to the musical director is at least 1.5 meters.

d. Numerous groups must keep a minimum distance of 1.5 meters from one another. A swap out of members within the groups during a rehearsal or performance is not permitted.

e. The distance between the ensemble and the audience is at least 3 meters.

f. In the context of professional cultural offers, the minimum distance between the participating people during the rehearsal or the performance can be smaller.

#### **2.4 Ensembles with a mixed line-up of instruments with and without amplified instruments aerosol emission (symphony orchestra etc.)**

a. For musical activities without increased aerosol emissions (e.g. strings), the distance rules according to Point "2.3 Ensembles without increased aerosol emissions" must be adhered to.

b. For musical activities with increased aerosol emissions (e.g. wind instruments) the distance rules according to Point "2.2 Wind Orchestra" must be adhered to.

c. Between musicians according to Point a and musicians according to Point b, distance rules according to Item "2.2 Wind Orchestra" must be adhered to.

#### **2.5 Involvement of a choir**

a. If a choir is included in the rehearsal/performance of an ensemble according to 2.2-2.4, regulations according to "2.1 Choirs / Singing" must be adhered to.

#### **2.6 Involvement of soloists with increased aerosol emissions (singers, wind instruments)**

a. If one or more soloists are involved in an ensemble, playing music with increased aerosol emissions (Vocals, wind instruments ...), regulations according to "2.1 Choirs/Singing" or "2.2 Wind orchestra" must be observed.

### **3. Specific information on extracurricular music lessons (in music club or music school) and for advanced education and training courses in the field of music**

#### **3.1 General information**

a. The rehearsals of ensembles in music lessons and in advanced training courses is based on the regulations mentioned under Points 1 and 2.

b. For individual lessons and lessons in small groups of up to 10 people within a club or the music school or in the case of further education and training courses, Points 1 and 2 apply accordingly.

#### **3.2 Specific information on teaching in the field of elementary music education**

a. The distance requirement for children of preschool age does not apply if the common hygiene recommendations for regular operation in day-care centers in Rhineland-Palatinate are observed.

b. A maximum group size of up to 12 children is recommended.

c. Recommended is a maximum group size of up to 12 people for multi-generation groups such as parent-child groups.

d. The teaching units are to be divided from 60 to 2 x 30 minutes to allow ventilation according to Point 1.3.c.

### **3.3 Information about teachers**

a. Furthermore, the instructions for the deployment of personnel in the Corona hygiene plan for schools in Rhineland-Palatinate apply.