

Hygiene concept for indoor sports (as of 16 September 2020)

When performing indoor sports, for example dance sports including couple and ballroom dancing, the following hygiene measures must be observed:

1. Training and competition operations are permitted in fixed small groups of up to 30 people, even in contact sports. This number can be exceeded in individual cases if, to carry out a proper and compliant competition, there is a need for more athletes to have to participate. In the case of group sizes beyond this, the distance regulation according to Section 1 Paragraph 2 Clause 1 of the Corona Control Ordinance applies. If increased aerosol emissions are to be expected due to the type of sporting activity, especially in closed rooms, the minimum distance between people must be doubled.

a. When training and competing with more than 10 people, the person limit (1 person per 5 square meter area) must be maintained.

b. Measures to control access and to maintain the distance requirement must be established, including appropriately signposted route concepts. As far as possible, one-way regulations are to be created. Waiting areas (e.g. in front of sales stands and toilet facilities) are also to be marked with signs to maintain the minimum distance.

2. Organization of the operation

a. The decision on the opening of the sports facility remains with the owner/operator.

b. Contact details of all persons (surname, first name, address, telephone number) as well as the time of entering and leaving the sports facility are to be documented after obtaining consent to enable contact person tracking and to be kept by the operator for a period of 1 month starting on the day of the visit and subsequently destroyed in compliance with the General Data Protection Regulation. Processing the data for other purposes is not permitted.

c. Spectators are allowed under the regulations for events.

d. Catering may take place under the specifications for the gastronomy.

e. Precautions must be taken to avoid queues. Compliance with the minimum distance in necessary waiting areas are to be secured by markings.

3. Individual measures:

a. Persons with identifiable symptoms of a respiratory infection should be denied access.

b. All persons must disinfect or wash their hands when entering the facility. Suitable washing facilities or disinfection dispensers must be kept available by the operator.

c. Items brought to the facility must be reduced to what is necessary for the practice of sports.

d. The applicable protective measures and rules of conduct (including general rules for protection against infection such as "sneeze rules," classification of cold symptoms, etc.) must be identified by suitable signs.

e. All persons wear a mouth-nose cover, as far as required by the Corona Control Ordinance.

4. Facility-related measures:

- a. The use of the sanitary facilities is permitted taking into account the required protective measures. Possibilities for washing hands (with an appropriate distance from each other) must be equipped with liquid soap and for drying with disposable towels.
- b. Specific measures must be taken to minimize in rooms the exposure to aerosols. In particular, all rooms must be adequately ventilated.
- c. Hand sanitizers, liquid soap and disposable towels should be provided in sanitary, community and break rooms.
- d. Training equipment must be cleaned after use with a grease-dissolving household cleaner or disinfected with an at least limited virucidal agent.

5. In general:

- a. A designated person must be appointed on site to comply with the regulations.
- b. Persons who are not prepared to comply with these rules are to be denied access within the framework of the domestic authority.
- c. The specific regulations and requirements for top-class and professional sports can be found in the current Rhineland-Palatinate Corona Implementing Ordinance.
- d. The German Olympic Sports Confederation (DOSB) and its umbrella associations have defined sport-specific regulations for the practice of sports based on the measures according to the Infection Protection Act, which must be observed accordingly.
Link: <https://www.dosb.de/medien-service/coronavirus/sportartsspezifische-uebergangsregeln>
- e. In addition and upon request, the responsible authority can, in justified individual cases, allow exceptions or other hygiene requirements on request, if a requirement under the corona ordinance is not mandatory, the level of protection level appears comparable and the purpose of the corona ordinance is observed.