

Hygiene concept for fitness centers

The following hygiene measures must be observed for all facilities:

1. The following measures shall ensure the applicable distance and contact restrictions:

- a. Access to the facility is to be regulated in such a way that the number of visitors entering the facility outnumber the available places in the classroom. The same rules apply for available equipment. As a capacity benchmark, the number of persons present at the same time shall be limited to one person per 10 square meters in the reception area.
- b. The adherence to the maximum number of visitors is to be ensured by suitable measures.
- c. The responsible supervisor shall ensure that waiting lines and crowds are avoided.

2. Operation guidelines:

- a. Visitor contact data (last name, first name, address, telephone number), as well as the time of entering and leaving the gym or business premises, and participation in certain courses, must be documented after obtaining consent to enable contact tracing, and must be kept by the owner for a period of one month, starting on the day of the visit, and are destroyed afterwards in compliance with the DSGVO [German Privacy Act]. Processing of the data for other purposes is not permitted.
- b. Persons with recognizable symptoms of a respiratory tract infection shall be denied access.
- c. A one-way system with suitable markings shall be provided for the facility throughout as much of the facility as possible. The markings should also indicate the minimum distance of 1.5 m between persons.
- d. The fitness equipment arrangement should ensure a minimum distance of at least 3.0 m in cases of parallel use. Proof is provided by a room layout sketch, which must be available on site. The same minimum distance applies between training/exercising persons.
- e. The use of sanitary facilities and changing rooms is permitted under consideration of required protective measures. Collective changing rooms are preferably to be used by individual visitors or family members of a household.

3. Individual personal measures:

- a. Visitors must wash or disinfect their hands after entering the facility. Suitable washing stations or disinfectant dispensers are to be provided by the operator.
- b. The applicable protective measures and rules of conduct (including general rules of infection protection such as "sneezing etiquette", classification of cold symptoms, etc.) must be indicated by appropriate signs.

c. All persons must wear face covers if the Corona Ordinance in its respective valid version requires it.

4. Facility related measures:

a. Fitness equipment must be cleaned regularly with a fat-dissolving household cleaner or disinfected with a virucidal agent. The same applies to exercise and sports material (balls, etc.).

b. Catering is authorized under restrictions applicable to gastronomy businesses.

c. Self-service by visitors at open drink dispensers (water fountains) is not permitted.

d. Targeted measures must be taken to minimize the exposure of rooms to aerosols. All rooms must be adequately ventilated.

e. Hand disinfectants, liquid soap and disposable towels are to be provided in sanitary and communal/break rooms. The rooms must be cleaned regularly.

f. The permissibility of the use of swimming pools, saunas and tanning beds, etc. must be evaluated in accordance with the Corona Abatement State Ordinance in its currently valid version and relevant hygiene concepts.

g. Rental of material with which visitors come into physical contact is prohibited, unless sufficient disinfection or cleaning is provided.

5. General guidelines:

a. An authorized person must be named on site to ensure compliance with regulations.

b. Persons, who are not willing to comply with these rules, are to be denied entry or stay within the scope of domestic authority.

c. In addition, the competent authority may, in justified individual cases and upon application, permit exceptions or issue other hygiene requirements, provided that a specification according to COVID-19 Abatement State Ordinance is not mandatory, the level of protection appears comparable and the purpose of COVID-19 Abatement State Ordinance is complied with.