



## Hygiene concept for fitness studios

The following hygiene measures must be observed for all of the above facilities:

1. The current distance requirement and the applicable contact restriction are guaranteed by the following measures:

a. Access to the studio must be regulated in such a way that no more visitors come to the studio than spaces in the classrooms and equipment can be used according to the following rules. The capacity benchmarks are:

The number of people present at the same time is limited to one person per 10 sqm of sales or visitor space.

b. Appropriate measures must be taken to ensure that the maximum number of visitors is observed.

c. The responsible supervisor ensures that lines and accumulations are avoided.

2. Organization of the studio:

a. Persons with recognizable symptoms of a respiratory infection should be denied access.

b. As far as possible, one-way control with suitable marking should be provided for the routing in the studio. The marking also indicates the minimum distance between people of 1.5 m.

c. The arrangement of the fitness equipment ensures a minimum distance of at least 3.0 m when used in parallel. Documentation is provided by a room sketch to be kept on site. The same minimum distance applies between exercising/practicing people.

d. The use of sanitary facilities and changing rooms under observance of the protective measures is permissible. Collective changing rooms are preferably for use by individual visitors or family members of a household.

3. Individual measures:

a. Visitors must log in after entering the gym and wash or disinfect hands. Suitable washing facilities or disinfectant dispenser must be supplied by the operator.

b. A minimum distance of 1.5 m between people must be observed at all times.

c. The applicable protective measures and rules of conduct (including general Infection protection rules such as "sneeze etiquette", classification of cold symptoms, etc.) must be identified by suitable signs.

d. All persons wear a mouth-nose covering, as far as the Corona Control Ordinance in the currently applicable version orders this.

e. Visitor contact details (last name, first name, address, telephone number) and times of entering and leaving the gym or the business premises and participation in certain courses will be documented by the owner after obtaining consent to enable contact tracking



to be documented and will be kept for a period of 1 month starting on the day of the visit and subsequently destroyed in compliance with the data protection law. Processing the data for other purposes is not permitted.

#### 4. Institutional measures:

- a. Fitness equipment is regularly cleaned with a fat-dissolving household cleaner or with a disinfectant with virucidal agents. The same applies to exercise and sports equipment (balls, etc.).
- b. Self-service of visitors at open beverage dispensers is inadmissible.
- c. Catering may take place under the specifications for the catering trade.
- d. Targeted measures must be taken to minimize the contamination of rooms with aerosols. All rooms are to be adequately ventilated.
- e. Hand disinfectants, liquid soap and disposable towels are to be provided in sanitary and common/break rooms. The rooms must be cleaned regularly.
- f. The permissibility for using swimming pools, saunas and solariums etc. is to be evaluated in compliance with the Corona Control Ordinance in the applicable version as well as the relevant hygiene concepts.
- g. Rental of material with which visitors come into physical contact is prohibited unless sufficient disinfection or cleaning is provided.

#### 5. In general:

- a. An appointed person on site is responsible for compliance with the regulations.
- b. People who are not willing to comply with these rules are denied access in the framework of the house right.
- c. In addition, the competent authority can, in justified individual cases, allow exemptions or other hygiene requirements upon request if a requirement according to CoBeLVO is not mandatory and, the level of protection is comparable and the purpose of the CoBeLVO is observed.