



Hygiene concept for sports on outdoor facilities

(IAW pertinent corona ordinances of the state of Rhineland-Palatinate)

1. The current distance requirement and the applicable contact restrictions are guaranteed by the following measures:

Training sessions with team play characteristics are not allowed.

Match and competition situations in which direct contact is necessary or possible remain prohibited.

Any physical contact is prohibited.

A minimum distance of 1.5 meters to other persons must be observed at all times. For sports that lead to increased aerosol emissions, a distance of at least 3 m from other persons must be maintained.

If necessary, the number of persons on the field must be limited.

2. Organization of the operation:

a. The decision on the opening of the sports facility remains with the owner.

b. Spectators are not allowed.

c. Precautions must be taken to avoid queues.

Compliance with the minimum distance in any waiting areas must be ensured by markings.

d. Narrow areas must be redesigned or access must be restricted in such a way that the minimum distance can be maintained at all times. This also includes appropriately signposted route concepts.

3. Individual measures relating to persons:

Access to persons with symptoms of a respiratory infection has to be denied.

4. Institution-related measures:

a. Sanitary areas, changing rooms and wet rooms may only be used individually. Hand washing stations (with appropriate distance to each other) must be equipped with liquid soap and disposable towels.

b. Sanitary areas and changing rooms have to be permanently ventilated wherever possible.

A continuous air circulation in indoor rooms has to be ensured.

c. The applicable hygiene rules must be displayed in the toilet facilities.

Short interval cleaning must be ensured and disinfectants in sufficient quantity must be available.

d. Contact surfaces should be cleaned regularly with a grease-dissolving household cleaner or disinfected with an at least limited virucidal agent.

e. Exercise equipment must be cleaned after use with a household degreaser or disinfected with an at least limited virucidal agent.

f. Employees are to be instructed in the protective measures and rules of conduct (including general rules for protection against infection such as "sneeze rules", classification of cold symptoms, etc.), informing users of the rules to be observed by means of signs, notices etc.

g. Catering is allowed either under the guidelines for street sales (kiosk without seats) or the guidelines for gastronomy (food or drinks are only consumed at tables. Bar and counter areas can be used for the sale and delivery of food and beverages opened; however, these areas are closed for the stay of guests). Buffets are not permitted.



5. In general:

- a. A responsible person must be appointed on site to ensure compliance with the regulations.
- b. Persons who are not prepared to comply with these rules are to be denied access within the framework of the domestic authority.
- c. In addition and upon request, the responsible authority can, in justified individual cases, allow exceptions or other hygiene requirements if a requirement under a corona ordinance is not mandatory, the level of protection appears comparable and the purpose of the corona ordinance is observed.
- d. The German Olympic Sports Confederation (DOSB) and its umbrella organizations have defined sport-specific regulations for the practice of sports on the basis of the measures according to the Infection Protection Act, which must be observed accordingly.