

BOOT CAMP

for New Dads



April 11 & 18 16:00 - 1800



2 Session Class - ERPS C-BAY Bld. 2116

Session 1

- Rookie Concerns
- Dad's Role as Protector
- Baby Care and Dad's Bag of Tricks

Break

- Caring for New Moms
- Importance of Teamwork
- Preparing for the New Mom/Post Partum Adjustment

2hrs

Session 2

(Significant Other Attends w/ Dad)

- Couples Communication
- His/Her Expectations
- Personal Accountability

Break

- Shaken Baby Syndrome
- Period of P.U.R.P.L.E Crying
- Baby Car Seat Check

****Graduation Ceremony****

2hrs



Register on Appointment Plus

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