



WHAT RE-DEPLOYERS ARE SAYING!

- *“I came in thinking we would just sit through PowerPoints. The group discussions help more than PowerPoint ever could. I liked how they did not try to cram a bunch of information into us that we have been trained on before. I appreciated the timeline and doing a lot more with a lot less. It did not feel like an everyday Air Force briefing.”*
- *“I’ve been to DTC a few times before, the difference is that every deployment is different, positions throughout the military change and responsibilities tend to increase. DTC does a great job of analyzing the target audience whether at the Operation, Tactical, or Strategic level enables the subjects to reflect how each category applies to each echelon.”*
- *“The location in general is perfect. This is my second time through and I can tell that thought has been put into the changes that have been made to the program schedule (in a good way). **I think it was great that some of the staff made their way downrange to discuss the program face to face with leadership and potential nominees.”*
- *“The personal attention from the staff made us feel welcome. We just spent several days getting pushed from one location to the next treated as a cog in a machine with zero personal attention or compassion for stress (which is the nature of the system designed to move a massive amount of people in a short amount of time). We showed up here and there is a group of people who know who we are (by name), expecting us, and helped us reintegrate back into society.”*
- *“The decompression time was a welcome change to how I’ve returned home from deployments in the past. This was my 6th deployment, but only my first time to the DTC. I can certainly look back on my past deployments and my past transitions to family life and see how I would have benefited from this. Recapping on the CAF pillars and the resiliency essentials was a good step to take. The after-action debrief was also very welcome, as it was a good chance for people to voice, in a non-attributable setting, their experiences, both good and bad.”*
- *“Very engaging staff without being intrusive. Great discussions that I believe allow me to recognize green and red aspects of CAF as I reintegrate. First DTC after 8 deployments in the AF. This would have been helpful after the first.”*
- *“The time at the DTC provided a transition between the high ops tempo and stress of the deployed environment and going back to normal life. It also provided an opportunity to catch up on some much needed sleep before going back to daily expectations and responsibilities.”*
- *“I enjoyed the small group discussion to decompress and talk about the stresses of deployment. The staff were superb. They made me feel like someone actually cared about me, a feeling I have not had for the past 6 months.”*
- *“The ability to just clear my head and enjoy an atmosphere similar to being home is priceless.”*
- *“Effortless transition from AMC terminal to Lodging. All arrangements were made. Had to think about nothing other than showing for the few mandatory events. The downtown trip was great. I really needed this decompression time to reset my mindset before returning to reality and the responsibilities therein. Thank you so much for the opportunity.”*
- *“Omg, what didn’t I like? The people were great, the rooms were great, and the country is great. This program, I feel, should be mandatory because if they would have gave me a choice I would have missed out on all of this, which kind of makes me sad.”*
- *“I believe that it was a useful and valuable time to prep for return to home station and family. I appreciated the amount of free time because it allowed me to process at my own pace. Having a little structure was appreciated and felt very well balanced”*
- *“The low key and low threat environment was a great opportunity to start the transition back to the “real world. Thank you AF for creating and maintaining this opportunity. The experience was worth every minute!”*
- *“I felt this was a very worthwhile experience and professionally run. The staff cared and took pride in their jobs and it showed throughout the course. It was beneficial to have these days to relax and decompress as well as have the small group discussions with people who deployed in similar roles. The outings were also helpful to get out and feel normal again as well as relax/rest coming home.”*