



United States Air Force, Deployment Transition Center Post-Survey

Welcome back! Thank you for participating in the DTC.

Your honesty in answering each question is critical. We will ensure your identity remains anonymous. Your answers and comments drive changes to the DTC schedule and curriculum, so please take the time to share your opinions with us.

- * 1. Please re-enter your Survey Identification Number. This number is to connect your pre- and post-survey answers.



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* 2. Now that you have completed the Deployment Transition Center (DTC), please rate your opinion regarding each of the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Overall, the Deployment Transition Center (DTC) was a worthwhile experience.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The DTC and Lodging accommodations were excellent and facilitated my ability to rest/decompress.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I was able to sleep, rest, and restore my energy while at the DTC.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The amount of DTC programing (~10hrs) and free time (~62hrs) was just the right mix.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The classes (group discussions) were facilitated well by the DTC staff.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It was helpful for me to talk about my own deployment experiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The DTC has helped me to prepare emotionally/mentally for my return home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The DTC has fortified my resiliency and reinforced positive growth skillsets.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have learned new coping skills to employ when encountering future stressors.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I now have a better understanding of what I might expect during the process of transitioning back home and reintegrating with family/friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The DTC helped me understand the difference in normal stress reactions and PTSD.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The DTC provided me with helpful guidance and recommendations to facilitate a smooth transition/reintegration with my family/friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After coming to the DTC, I'm now more likely to access helping resources during difficult times (both formal and informal - i.e., chaplain, mental health, militaryonesource, MFLC, BHOP)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am aware of moral injury consequences and resources to aid myself or others when struggling to align worldviews.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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* 3. Please rate the following items in terms of their current levels TODAY:

	Very Low	Low	Average	High	Very High
Physical fitness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Amount of sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Quality of sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self-confidence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Attention to detail	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Environmental awareness (of your surroundings)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of personal danger/threat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
General fear	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of personal safety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sense of pride in squad/team/unit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hot temper	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desire to separate from the Air Force	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Level of work stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Level of family stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ability to relax/decompress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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* 4. Please rate the following:

	Not at all	Rarely	Sometimes	Usually	Any time I wanted
The schedule allowed me the opportunity to attend a religious or spiritual activity as part of my reintegration.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 5. Please rate the following:

	No, I did not wish to attend	No, but I wanted to go	Once	Twice	Each time there was a service available
I attended a religious/spiritual activity during my time at the DTC.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

If you would like, please share your views regarding attending services while at the DTC (optional):



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Your Input

* 6. Please describe the things you liked about the Deployment Transition Center experience:

* 7. Describe the things you did not like:

* 8. Describe the things that you would change or improve: